

SOUTH WAIKATO ACHIEVEMENT TRUST

SUPPORTING PEOPLE WITH DISABILITIES TO ACHIEVE THEIR GOALS

Postal Address:

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It is hard to believe that May is upon us. Life at SWAT is busier than ever. We have a new shed for kindling storage, new trucks for transporting e-waste and recycling and new staff members to cope with the extra work.

As the weather is changing firewood sales are increasing. We are expecting many sales over the winter months so that should keep us very busy.

Our e-waste department continues to receive tonnes of recyclables from various District Councils surrounding the South Waikato area.

Our Clients have been experiencing many things our area has to offer – circular bus, visits to the lake, Putaruru Timber Museum, Super14 rugby, Tauranga horse races to name a few. A scrapbooking class is currently being held at Clyde Street, where photographs are being turned into works of art.

SWAT is very lucky to have a great team of hard working staff, employees and clients. Take care with winter sniffles and keep warm with our firewood!!



The 'fresh NEW LOGO for SWAT'

This year we are in the process of changing our LOGO from the 'Triangle with a Swan in the centre' (SEE BELOW) which was the 1st and original LOGO to the NEW design (SEE ABOVE).

Some of our trucks are already supporting the new look and in time the rest of our fleet will be following suit!

Right: OLD LOGO

DONATION from
TOKOROA HOST LIONS

After a near life threatening incident at our Clyde Street complex, the 'Tokoroa Host Lions' were asked for help/or a donation to help raise funds to purchase a Defibrillator!

At a 'Lions' works meeting the request was discussed and passed that 'Lions' would purchase the machine and donate it to the South Waikato Achievement Trust. Thanks to Lion Bob Deakin, who is also a member of the NZ Motor Caravan Club, a machine was purchased at the 'Special Price' that is offered to its members!

At a morning tea function at Clyde Street with staff members and clients, Lion Club member Bruce Southwood presented the Defibrillator to Russell Ensor (CEO SWAT) on behalf of the 'HOST LIONS'

THANK YOU 'TOKOROA HOST LIONS'

Programmes this year at C.H.O.I.C.E.S

Swimming/Hydrotherapy, Exercises/Karaoke/Library/
Art/Crafts/Sensory. E-waste/Education/Music/
Cooking/ Model aeroplanes/Trips/ Out in the
community.

Cooking is enjoyed by all, made scones in this session,
all said how nice they tasted and can't wait to make



Above: Angelene, Michael and Sharon.

Clients tasting the end product from their
cooking session,

Below: By the grin on Lisa's face she can't
wait to bite into her scone! Mmmmmm!

Music puts a smile on all our Clients faces

Who doesn't love music? Certainly there are some of us, but
for the most part music is a big part of our lives. Whether it's
the music that we listen to or sing on the way to work, while we
workout, or the music we hear in a symphony or film. It can
bring up our moods, tell us a story or even bring us down.
Music has touched cultures all over the world since very early
times in human history. Have you ever wondered how music
might affect our health?

Music is capable of a number of health benefits including
lowering stress levels, raising states of consciousness, changing
moods, accessing different states of mind, developing the brain.



Music Makes You Happier

Music has the power
to do so much. It
can make you feel
happy, sad, excited or
even pumped up.

Listening to music
that hits you in a
special way causes

your brain to release dopamine which is known as a feel good
chemical. It causes us to feel emotions like happiness,
excitement, joy, etc. Listening to music provides us with the
same burst of happiness that we would get from eating a piece
of chocolate, etc.



From
us
all
at
C.H.O.I.C.E.S

XMAS AT WANDA'S for these three lucky clients!
'CHEERS from 3 Happy Chappies'



A FEAST, FIT FOR A KING 'CHEERS'

Merry Xmas & Happy New Year from Glenn, Willie and Peter!



Glenn, Willie and Peter opening their gifts on Xmas morning at Wanda's. These three lucky people enjoyed the day with Wanda (a Residential Caregiver) and her family! Residential staff have strong bonds with a lot of their clients and often they included them in their own family events!

Our Trip to the Timber Museum (C.H.O.I.C.E.S)

Our clients found it very interesting seeing all the history of chainsaws, miniature sawmills and the large locomotive, even the taxidermy's were a crowd pleaser. The day was enjoyed by all!



TIME FOR A GAME OF CHECKERS ANYONE?

Two of our Staff members chilling out over a game of 'Checkers' at a lunch break. This drew a small crowd, with a few of the employees and staff alike, watching and quietly guessing the next moves! Good to see something different in the lunchtime breaks at SWAC!



Photo Left:
 Louisa New and Rachael Campbell receiving the cheque for Working with Tokoroa District Lions for the family day 'Spring Festival'.

Thanks to our sponsors:

The Warehouse, Bunnings, Countdown and The Mad Butcher.

Our group would like to do the Spring Festival again this year.



FORKLIFT TRAINING

Photo right: Instructor Brian Hagger with Pauline Connolly, Bruce Southwood and Brian Norton attended the last training in late October 2015,

Not in the photo: Joe Mataafa-Setu and Teagan Decker also attended and passed their Forklift Licences as well!



Alpha Training Services—

Instructor Brian Hagger, took them through the course which involves a theory and practical

test of forklift operating skills in accordance with the OSH publication 'Approved Code of Practice for Training Operators and Instructors of Powered Industrial Lift Trucks' (Forklifts)

We have about 15 staff /employees within our service which have completed and passed their Certificates over the last 3 years with Alpha Training Services!



All passed with flying colours - CONGRATULATIONS, well done!



FIREWOOD FOR SALE

\$50 for a WOOL BAG of bearer wood off-cuts.

FREE delivery for Putaruru & Tokoroa.

To order PLEASE RING the office 07 886 8941

PACKAGING DEPARTMENT employees: While waiting for our truck to deliver our next order, the packaging department decided to lend a helping hand and bag 'Firewood'! It also gave the employees a bonus of some outside time in the sun and an opportunity to increase their work skills

E-Waste is environmental in focus:

The objective is to prevent toxic materials being dumped into landfill.

The Ministry for the Environment defines E-waste: “‘E-waste’ refers to electrical and electronic equipment which enters the waste stream. Most broadly defined, e-waste (or ‘WEEE’ – ‘waste electrical and electronic equipment’) includes everything that uses electric current, such as computers, all types of electrical appliances including air conditioners, washing machines, refrigerators, small household appliances and tools, mobile devices including phones, medical equipment, lamps, and batteries.” (Ministry for the Environment. 2014. *Priority waste streams for product stewardship intervention: A discussion document*. Wellington: Ministry for the Environment.)



Because of the complex nature and severity of the problem, electronic waste affects us all. I couldn't honestly give you a description of a “typical” customer. We are working with a wide range of people. We have local customers who individually drop off e-waste, we work with the Waikato Environment Centre in Hamilton who collect e-waste from the city. We work very closely with local and regional government, they will face huge costs if we do not **capture this toxic waste stream**. Other customers include schools, community organisations and businesses.



We refer to e-waste as “the dark side of technology.” Electronic waste is growing at an unsustainable rate; integrated systems need to be established to divert this toxic waste stream from landfill and to approved recyclers. Unfortunately, there is no product stewardship on e-waste in New Zealand, so it is our responsibility to cover the costs of recycling.



Also, we have a “secure data destruction” policy, so business owners can rest assured, that any commercially sensitive information on outdated hardware, is completely irretrievable.

